

Melb Bresh
M. E. Bresh

Matilda

An Official Treasure Bag of Guiders' Information for Guiders of Victoria, Australia.

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Acting Editor: Miss M. WATSON, Brompton, Mountain Road, Kilsyth.

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No. 2.

RALLY NOTES TO DATE!

Guiders! please file for future reference.

Date—Saturday, 22nd November. Guides and Brownies, Scouts and Cubs will take part in the Rally, and it will be open to the general public. Admission buttons will be 1/-, and we hope every Guide and Brownie will have at least ten friends and relatives to whom she can sell a button. They will be ready for sale in October.

March Past.

Guides will march six abreast, dividing into threes at the dais. Colour parties will lead divisions. All colour parties must be 100 per cent. when inspected, and must wear regulation colour stockings or socks. Rangers and Guides must wear stockings. No Guider shall wear the old type of hat, with turned-up brim—this is definitely not uniform! 100 per cent. is our aim for this great day. Will you help?

Food for Britain Pageant.

We hope every Company will bring one parcel of food (7 lbs.) addressed and ready to post to someone in Britain. A representative from each Company will bring the parcel from her place on the Map to the nearest capital city, whence it shall be taken by "ship" to England, received by Lady Baden Powell, and later taken to the G.P.O.

—Jean Brown, Convener of Rally.

STAMPS . . . STAMPS . . . STAMPS

Attention: Brownies, Guides, Guiders, Commissioners, Local Associations, etc.

You will remember the paragraph in the July issue of "Matilda" about the proposed collection of stamps. We are now getting organised and want your help. Do you know anyone with an old collection who would be willing to give you some rare or valuable stamps? Will you ask your Patrol Leaders to start collecting right away? Do you work in an office? If so, the clerk who opens the mail may be willing to give you the old envelopes, from which you may cut the used stamps (leave a wide margin all round the stamp when cutting). Have you any pen-friends in other countries? Here is a chance for them to send you some of their stamps, either new or used. There are lots of ways in which we can get stamps; these are just a few hints. Will you start collecting to help us help you? Country Guides may forward packages of stamps addressed to Miss L. E. Cuzens, c/o Girl Guide Headquarters, 60 Market Street, Melbourne, and metropolitan Guides please leave yours there when you are in the city (to save postage). Guiders please do not encourage the collection of Australian 1½d. (Queen) or 2½d. (King George VI), except special commemorative issues, as they are far too common to be of much value.

Princess Elizabeth's Wedding Cake



Photograph published by courtesy of "Argus."

GUIDES WEDDING GIFT TO HER ROYAL HIGHNESS PRINCESS ELIZABETH

All members of the Guide Movement will be thrilled to hear that news has been received from Lady Somers, Chief Commissioner, by the Federal Commissioner, Mrs. C. O. Fairbairn, that Her Royal Highness Princess Elizabeth is delighted to accept the offer made on behalf of the Guides of Australia to send the ingredients for her wedding cake.

As we were asked to send these as soon as possible, and as we were fortunate enough to obtain shipping space in the "Stratheden," arrangements were made in great haste for all ingredients for a very large wedding cake to be despatched from Melbourne in this ship on 13th August.

Every Ranger, Guide and Brownie in Australia will have the opportunity of joining in this gift.

In the picture your representatives are handing over three of the seven boxes of ingredients to the Deputy Purser on the "Stratheden." The Brownie is Janet McKay; the Guide, Thelma Haslam; and the Ranger, Anne Carson.

THE CHIEF GUIDE'S VISIT

General Arrangements.

Last month we published a tentative programme for Lady Baden-Powell's visit to Victoria at the end of November. This month we can give you more news, but inevitably there are some alterations already! Please do not regard these preliminary arrangements as final, as all the time we are getting fresh news, and our plans have to be modified or expanded according to the information we receive.

For instance, by the time the September "Matilda" is published the Chief Guide will have arrived in Melbourne, and our informal welcome will have taken place! This is because we have received news that the "New Zealand Star" is coming direct to Melbourne, and the Chief Guide will be in Melbourne for a day or two before going by train to Perth to start her official tour.

Other alterations to the programme published in last "Matilda" are:—

Saturday, 22nd November—No alteration.

Sunday, 23rd November—No alteration.

Monday, 24th November—Afternoon: Local Association Meeting. Evening: Commissioners' and Guiders' Evening.

Tuesday, 25th, to Thursday, 27th November Sunraysia Division.

Friday—Arrangements not finalised (news received that films will not be available from England).

Saturday, 29th November—Field Day, probably at North Eastern Division property near Janefield.

Sunday, 30th November, to Tuesday, 2nd December—Not yet finalised.

It is hoped to arrange for an opportunity for parents of Guides to meet the Chief Guide, and other official functions will be included in the programme.

Watch the October "Matilda" for further news.

BILLETING.

Calling Metropolitan Guiders.

As there will be large numbers of Guides, Rangers and Guiders from country districts wishing to be present in Melbourne for the Chief Guide's visit from the 21st November to the 2nd December, the Billeting Committee is asking for offers of hospitality. Perhaps your Guides or Rangers would like to help in this way, and, if so, the following information should be given:—

(1) Name and address of hostess and tele-

phone number;

- (2) Whether there are other children in the house;
- (3) Number the hostess is prepared to billet;
- (4) Age she would like her guest(s) to be if it is possible to arrange it.

Calling Country Guiders.

Would country Guiders please tell their Guides and Rangers of the above billeting plan, and send in names and addresses of any who will be needing accommodation, together with the following details:—

- (1) Age; date, time and place of arrival;
- (2) Time and date she will have to return;
- (3) Address of the Guider responsible for her while she is in Melbourne.

It will also be necessary to notify the Billeting Committee should any country Guide be staying with friends or relatives, and to give the name and address of both Guide and hostess.

All offers of, and applications for, accommodation must go through the Guiders concerned, and not individually from the Guides or Rangers, and should be sent to the Billeting Committee before the 4th October.

In the case of a Guide coming to Melbourne without the Guider of her Company, the fact must be noted, and arrangements will be made to look after her.

In addressing your envelope to—

Mrs. R. C. Wallace,

c/o Girl Guides' Association,

60 Market Street, Melbourne, C.1,

please write "Billeting" in left-hand corner."

Unfortunately, we are unable to billet Brownies.

CUBA

PASTEL GUIA (Guide Pie).

(From the Cookery Book of Nezaldi.)

Ingredients:

½ lb. of Guide Spirit,

½ lb. of Friendship,

¼ lb. of Merriment,

¼ lb. of Good Humour,

3 spoonsful of Enthusiasm.

To Prepare.—Mix the Guide Spirit well with Merriment and add Friendship and Good Humour. Stir everything with Enthusiasm; season to taste with Smiles and keep in a warm spot and serve hot. Prepare in sufficient quantity to last a lifetime.

—Translated from Esculta, the official bulletin of the Girl Guides and Girl Scouts of Cuba.

Training and Camping

TRAINING

Guide Elementary Course.

Final course for the year commences at the Girl Guide Office at 7.45 p.m. on Wednesday, 3rd September. To consist of twelve evening classes and three Saturday afternoons (13th September, 4th October and 8th November). Fee for course, 4/-.

Residential Trainings During the Visit of Miss Cobham, Trainer from I.H.Q. Commissioners' Training.

Will be held in Melbourne from 6th-9th January, 1948. Fee, 17/6. Some sessions will be open to those who can only attend part time or who cannot be residential. Details as to date of application, place, etc., will be sent direct to all Commissioners.

Guide and Brownie Guiders' Training.

Will be held at the Guide House from 13th-22nd January, 1948. Special application forms are available for this week, and may be obtained from the Hon. Training Secretary or from the Girl Guide shop. These forms should be sent back to the Hon. Training Secretary, Girl Guide Office, 60 Market Street, Melbourne, not later than 10th November, 1947. Fee: 35/- and fares.

Ranger Guiders' Week-end.

Will be held at the Guide House from 23rd-26th January, 1948. Fee, 12/6, plus fares. Applications, accompanied by 10/- deposit (which will not be returned if withdrawal is made after 20th December), should reach Miss E. E. Moran, Commissioner for Rangers, 2 Wilks Avenue, Malvern, not later than 10th November, 1947.

All Guiders attending Trainings must have had their 17th birthday on, or before, the first night of the course or commencement of the Training, and, if they have not attended a Training before, should send in with their application a Nomination Form signed by their District Commissioner. Will all Guiders note very carefully to whom and by what date they should apply for these Summer Trainings? The next few months are going to be very busy ones for all those connected with the Training Department, and Guiders can help considerably if they take particular care in these two matters.

Details of the two proposed metropolitan classes (one for Guide and the other for Brownie Guiders), the Saturday Field Day and Camp Fire will be published later.

CAMPING

Camcraft Week.

The full details for this Training Camp are as under:—

Dates—26th December to 3rd January, 1948.

Place—Longwarry North, near Drouin.

Fee—35/-, plus fares.

Application forms are available from Miss V. Harrison, 126 High Street, Glen Iris, S.E.6 (send stamped and addressed envelope), and must be returned, with deposit of 10/-, not later than 1st November. We may not be able to accept late applications this year, so don't delay.

All Guiders will find this camp very worth while. Miss Cobham will be there, and will take some of the training, so arrange for your holidays and send for your application form now.

You will like the camp site—it is beside the Tarago River, on the property of Mr. J. Lilley, and is very attractive.

Mt. Morton Site.

The sub-committee in charge of this site is making arrangements for an increased number of campers. Extra equipment is being provided, and the maximum number, including Guiders, has now been increased to 14. There are, however, only sufficient tents for 10, so it will be necessary to take hike tents for any over that number. Save up and buy your own hike tent if you are not already fortunate enough to possess one!

Camcraft Certificate.

As the balance of this year promises to be very busy, a course of training for the Camcraft Certificate will be arranged to commence about February, 1948.

This will be primarily for Rangers, but if Guiders wish to apply, and applications warrant it, suitable arrangements will be made for their training.

You will remember that this certificate is one of the qualifications for the Ranger Permit and Guider's Permit.

Further details will appear next month.

Easter, 1948—Camcraft Week.

As some Guiders are not able to arrange for holidays during January, which is the month in which the Camcraft Training Camp is usually held, and they are therefore not able to be tested or trained in that all-important part of Guiding, it has been sug-

gested that a Campcraft Training Camp should be held at Easter, 1948.

This will only be possible if sufficient applications are received. Would you let Miss M. McDonald, 46 Snowden Avenue, Caulfield, S.E.8, know not later than 30th September whether you would like to attend the camp if it is arranged, and whether it is possible that you will be able to do so. Plans will then be made accordingly.

Pioneer Badge

"Fire, fire, burn stick——" Does your fire burn the stick or does it just smoulder and smoke?

Do you know not to choke your fire?—"build strong walls to hold a solid roof, and put 'Mr. Punk' inside with plenty of air space.

Do you know that a bed of glowing coals is to be prized above quick flaring sticks?

Do you know that the best place to gather leaves and twigs and bark in damp weather is from dead branches still on the tree?

Do you know to stack wood so that you can take the log you want without disrupting the whole pile?

Do you know that cooking for several people for several days is an entirely different proposition to cooking for one on a hike fire?

Do you know that Miss Maynard's book, "Hiking and Lightweight Camping," costs only 1/6, is available at H.Q., and that your P.B. people would love it? (and so would you).

Do Your Dumplings Dump?

Do they? Well then you must learn to treat your dumplings as scones! Mix them quickly and lightly; don't stir the dough for half an hour and don't cook them for hours—about twenty minutes should do them. Make sure the stew is really simmering before you pop in the dumplings (I mean the flour and water variety—not suet).

"Ma, ma, ma, I miss you stew."

Would anyone miss your stew or would they be glad to miss it? Do you work on the "no toil only boil" system. Throw in a bit of everything and hope for the best. Or do you get the meat on first and have it simmering before the vegetables go in, and set the whole where it will gently simmer for hours?

"Somebody's been eating my porridge."

Thick or thin, it is good! But do make sure it is cooked! It is always wise to soak porridge overnight. Frequent stirring is very necessary unless you use a double dixie for cooking. **AND DON'T FORGET THE SALT.**

"And those little pigs made very fine bacon, acon, acon."

Smell it? I think "crisp but not frizzled" is the required result. Can you do it? Be sure your stick is green and keep the bacon moving! Don't place over flames; a bed of coals is ideal for bacon cooking.

GREAT BRITAIN

Lifeboat Christened After Seven Years' Service.

In 1940 the Girl Guides of the British Empire raised £50,000 for the provision of air and naval ambulances, rest rooms for the Forces, and other amenities for the Services. Part of their gift was a lifeboat, who received her baptism of fire in June, 1940, when she helped in the evacuation from Dunkirk. "Guide of Dunkirk" is the name by which she has always been known, but no official ceremony has so far been possible. On 14th June the Hon. Lady Cochrane, the Guides' Chief Commissioner for England, formally handed over the "Guide of Dunkirk" to the Royal National Life Boat Institution at Helston, Cornwall, where the lifeboat has been based recently. Her trip to Dunkirk was only the first of many hazardous adventures she has undertaken, and Guides in all parts of the Empire feel a justifiable pride in their share in the saving of life by their own lifeboat.

"Arethusa" Starts for Austria.

Christened "Arethusa" with due ceremony by her namesake, Mrs. Arethusa Leigh-White, retiring Director of the World Association of Girl Guides and Girl Scouts, a mobile canteen, with its team of four Guiders, has started on a two months' travelling commission to help the Austrian Guides train Guiders and Girl Scout leaders in D.P. camps in Austria.

The suggestion that such a team should visit Austria was warmly welcomed by the Allied Control Commission, and, in order that the team should be a self-contained unit, the Irish Girl Guides Association presented them with the actual canteen.

The team consists of four Guiders: Mademoiselle Karrer, of Zurich; Miss Elisha Wilson, of Darlington; Miss Estelle Moore, of Cork; and Mademoiselle Anne Marie Escoffier, of Paris.



EXTENSIONS

APOLOGIES

... to "Matilda's" readers if the following games have already appeared. Being an efficient (?) Guider, I have NOT kept a copy of previous Extension pages!

QUEENSLAND EXTENSION GAMES

... as played by the Company at Montrose Home for physically handicapped children.

Non-Test Work Games

"Remembering People."

A good game to play with visitors.

Required—Paper and pencil each.

To Play—A visitor sits opposite each Guide. They talk together for two minutes. Then they about turn and take out pencils and paper. Captain calls out questions that they have to answer about each other—i.e., What colour were her eyes? Did she wear any service stars? etc., etc.

"Egg and Spoon" Race.

Required—One dessertspoon and one china egg per Patrol. Guides equal in number.

To Play—At the whistle the P.L. passes the egg with her left hand into the left hand of her neighbour, and so on up and down the Patrol three times.

"Fish Race."

Required—A cardboard fish attached by a ten-foot length of string to a cotton reel. One per Patrol. Guides numbered evenly.

To Play—P.L. holds the reel, and the fish is placed in front of her. At the whistle she winds the string round the cotton reel until the fish is caught. Then she hands the reel to the next Guide, who unwinds the fish and hands it to the third Guide, who fishes again. Continue until every Guide has had a turn. If numbers uneven, some may need to play twice. First completed wins.

Test Work Games

"Guide Laws."

Required—Number of dried peas in a hat and one straw for each Guide.

To Play—At the whistle the Captain will say a Law, and the P.L. will transfer, by holding her breath on the straw, the correct number of peas (equalling the Law's number) into her lap. E.G., a Guide is loyal—two peas. Each member of Patrol has turn, and Patrol with most correct wins.

"Jumbled Knots."

Required—Slips of cardboard on which are written names of knots either jumbled or backwards. Piece of rope.

To Play—Slips of cardboard are placed in a hat for each Patrol. P.L. holds the hat. Captain calls a number and states a use for a knot. Hat is passed along Patrol, and the Guide with that number must find correct knot and tie it. First to do so correctly wins.

"Test Work Fishers."

Required—A cardboard fish for each Guide, with questions about chosen test on each. A steel pin is fixed to each fish's mouth. One fishing rod per Patrol, to which a magnet is attached.

To Play—The fishes are placed in a hat for each Patrol. The P.L. has the rod. At the whistle she fishes in the hat and "lands" her fish. She then passes the rod to the next Guide and proceeds to answer her question. First Patrol to finish and to have most correct answers wins.

Wide Games

(that is, games that try to bring in outside thoughts and adventures).

"The Escape."

Required—A map for each Patrol, to be cut into a jig-saw puzzle of eight pieces.

To Play—Explain the story. The Guides are all prisoners in an old barn, which is guarded by sentries, who walk up and down outside and occasionally look in at the prisoners. To-night is the night for the planned escape of the prisoners, and each one of each group of prisoners (Patrol) has on her body part of the map that is to help them to escape. The Guides try to get out their pieces of the map and fit it all together without being seen or heard by the sentries. The sentries (Guiders) will walk up and down, and will walk right into the barn (ward) and look hard at the prisoners. Guides must hide any suspicious thing and the Patrol to complete their map and still have kept it hidden are ready to escape.

BROWNIES

27th SEPTEMBER and ALL THAT.

Where will you be on that Saturday afternoon and evening this year? If you are a Brownie Guider, we hope that, from 2.45 till 9 p.m., you will be at the Brownie Guiders' Conference at Lauriston Girls' School, Malvern.

Lauriston is in Huntingtower Road, three streets west of Glenferrie Road, between Malvern Road and High Street (and if it is nearer you may enter by the back gate in Mercer Road). Camberwell trams go along Malvern Road, Glen Iris trams along High Street, and they stop at Huntingtower Road.

The programme will include Reports from Brownie Sub-Committees, Election of an Owl to the Guide House Committee, Discussions, a Speaker, Training (Semaphore, Nature and Ball Throwing), Questions, Games and Singing Games, Tea (tea, milk and sugar provided; bring your own food and mug), and, we hope, Films.

It is rather late now to send in subjects for discussion, but "questions" can be sent to Miss G. Roach, 22 Neville Street, Glenhuntly, S.E.9, till 20th September. By questions we mean problems such as What do you do if your Brownies chew "chewie" at Pack Meetings? or "A Brownie was enrolled a year ago; she has attended 28 meetings and missed 12 because she was often sick and was sent to the country for a month. Can she have a service star?" These questions will be given out two to each Guider, and each question will go to two or three people. We'll write our answers and hand them in, and after tea they'll be read out and the different opinions discussed.

Nominations for the Guide House Committee may be sent with questions, or handed to Miss G. King, who will be giving out group cards at the door. Guiders nominated must be willing to go on the Brownie Cottage Committee, too (this has about six meetings a year, and the Guide House Committee meets monthly). There are two Brownie Guiders on this committee, each elected for a term of two years, the terms overlapping so one is replaced each year.

If you've read as far as this, you must be interested; but, in case you still wonder whether it's fair to the Brownies to cancel a Saturday afternoon meeting, while you and Tawny enjoy yourselves at the Conference, here are some ways in which the children will benefit from it:—Your increased enthusiasm (meeting other people doing the same sort of job, and sharing ideas and experiences with them, is almost half the fun of Guiding). You'll have new ideas for games, and for teaching some subjects, other opinions about your pet problems, beside help from the speaker and the main discussions.

See you at the Conference.

—Brownie Conference Committee.

BROWNIE GUIDERS' EVENING.

The last Brownie Guiders' Evening for this year will be held on Tuesday, 14th October, at 7.45 p.m., at Guide Headquarters, 60 Market Street, Melbourne. The subject for the evening will be PUPPETRY.

Any Brownie, Guide or Ranger Guiders will be welcome. Will Brownie Guiders please advertise this in their districts, and bring along those interested.

Remember to bring 3d. for supper, and a towel and soap, as making puppets is rather a sticky job.

CHIEF GUIDE'S VISIT.

Owls will have seen in the August issue of "Matilda" that there is to be a Rally on 22nd November for the Chief Guide. The Brownies will be taking part in this event, so begin planning now to have the Pack looking its best when the time comes.

Only Brownies in uniform will take part, so by careful thought now you should be able to avoid any last-minute rushing of recruits through their test and into uniform.

How does the Pack look in uniform?

Really smart or rather patchy?

Uniform has been rather difficult during recent years, but let us make an effort to spruce up our Packs and keep them up to standard.

Here are some suggestions:—

Hat, Cap or Beret.—Are these worn at the same angle by all the Brownies, or are some forward and some back or sideways? Could established Packs collect any hats or caps from former Brownies and aim at having all the same type of headgear, instead of samples of all three? Hat brims will not flop if well starched.

(Continued on page 8.)

RANGERS

RANGER CONFERENCE

On the 12th July over one hundred Rangers met in the G.F.S. Hall for the 20th Annual Ranger Conference. Our guests were Miss Cameron (Deputy State Commissioner), Miss Burns (State Secretary) and Miss McLeod (Commissioner for Training).

The parade of colours was a pleasant departure from our usual opening.

After the formal business had been dealt with, the fun really started. First, we were entertained with a series of talks—many impromptu—on proposed fixtures. This year there were several new ideas, and, judging by the time taken to vote, it was hard to limit the choice to these six:

- (1) Conference.
- (2) Week-end Camp.
- (3) Ranger-Rover Ball.
- (4) Swimming Sports.
- (5) Hike (with a new twist).
- (6) Athletic Sports.

During the short interval we admired a display of lightweight camping gear set up by 3rd East Malvern.

For the first discussion, "Revision of Uniform," many opinions were put forward, one of which was a change to short sleeves. (Owing to violent and persistent objection by one fair-skinned member, this was voted against). Suggestions for wearing lumber jackets and berets found more favour, and these recommendations will go before the Executive Committee. This discussion was interrupted by the arrival of a newspaper reporter, who took a photograph showing the merits of both beret and hat.

Then followed "Brighter Conferences," and a humorous discussion on "Ranger-Rover Cooperation." It was decided that we could help each other in test work as well as meeting for social activities.

The results of the voting were announced, and are as follows:—

1947-8 Committee: (1) Nanette Neville, (2) Wilma Cregan, (3) Gwen Corrie, (4) Marjorie Knight, (5) Margaret Wallace, (6) Valma Pitman, (7) Evelyn King, (8) Norma Carroll.

Gipton Committee Representative: Muriel Haigh.

Guide House Representative: Jill Welshman.

We then listened to Miss Swires, from the National Fitness Council, who told us of her

visit to Scandinavia. Her talk deepened our interest in the social problems of Australia by telling us how the Swedish people cope with theirs.

The Conference was formally closed with the retiring Colour Parties and the singing of the "Polish International."

Many of us stayed to have tea before going on to the Mission Hall, where we enjoyed an evening of folk dancing. This culminated in the spirited "Newcastle," and we left for home more than satisfied with our day.

—Nanangwen.

BROWNIES (continued from page 7).

Hair Ribbons must be brown, if worn at all.

Uniform.—A little starch, used when laundering, will help to improve the appearance of overalls. Don't throw away old overalls if too worn to use again; parts of the skirt may be useful to the mothers for patching or lengthening. Check up on the buttons; extra ones may be bought from H.Q. Shop.

Tie.—The whole Pack should wear the same colour. They should all be the same width (2½ inches) and the same space (the width of three fingers) between the lower edge of the tie and the belt. The knot should fit well up to the neck in front; the recruit badge be worn in the centre of the tie. Very short ties can be improved by tapes stitched to the ends; over-long ties can be shortened by cutting a strip off one edge.

Belt.—Regular cleaning with dark tan shoe polish gives a good finish.

Socks.—Fawn sockettes. Some Brownies wear stockings in the winter, but, as the Rally will take place during the summer, all Brownies should wear sockettes.

Knickers.—Brown or fawn.

Shoes.—Brown.

NO PETTICOATS of any kind to be worn.

Read over Rule 30 in P.O. and R., and make sure that all Brownies are wearing Six emblems, name tapes, service star, and badges in correct positions.

There are nearly three months in which to prepare for the Rally, but begin NOW, so that the Brownies' mothers will have ample time in which to get those brown hair ribbons, knickers and fawn sockettes which may be needed by some Brownies.

—Brownie Sub-Committee for Rally.

THE SIGN POST

FIRST-CLASS HEALTH

The important thing from the Guiders' point of view, in everything Guides learn, is the training they receive rather than the test. In health training we aim at interesting the Guides in being fit and in building up a tradition of health and fitness in the Company. Health training is going on all the time, through the example of the Guider, through carrying out of health rules during Company meetings and hikes, and in most activities you will find that health training comes in somewhere, even if it is not emphasised.

From the Guide's point of view, however, it is getting up to a certain standard and passing a test that matters, so the work for the test has to be a tangible thing and require real effort, and the test itself something that demands the best the Guide can show.

The approach to the 2nd class Health Test is a long process, for the Guide must have made a real effort to improve, and this cannot be done in a week or a month, but by the time she receives her badge she should have improved in many ways and will have developed many lasting good health habits. Then probably she will go off and work at badges, and perhaps get her Woodcraft or Little House emblem, and one day she will ask: "Captain, what do I have to do for my 1st Class Health?"

What is the difference between the Health Test for 2nd class and the Health Test for 1st class?

The 2nd class is tested to a great extent on the effort made by the Guide, whereas the 1st class is based on an absolute standard, and, as well as "trying," the Guide must have "accomplished." The Guide is older and can understand more fully how the health rules "work" in relation to her own body. Her outlook has altered to some extent with the development of her body, and health will appeal to her for different reasons. Besides wanting to be fit in order to excel at hiking and games and feats of endurance, she wants to look nice and to be fresh and attractive.

The would-be first-class Guide should think about the health rules as they affect herself and her surroundings. She should strive to cultivate good habits and overcome any bad ones; this differs from the 2nd class test in being more advanced. A Guide working for 2nd class might have to make a mighty effort to remember to wash her hands before every meal, but a Guide working for 1st

class would understand that plenty of soap and water is the best means of overcoming and preventing perspiration odours, and would carry this out in practice.

Before giving any health training the Guider should study The Guide Health Handbook. It is very important that we should know what we want to say and be able to say it clearly, so that the Guides know exactly what we mean.

Perhaps the most interesting way for the older Guides to extend their knowledge of health rules, particularly as to how the rules affect themselves, is to give them something to puzzle out, which will lead to discussion in which the Guider can take part and add points which she thinks should be emphasised. Here is one taken from the "Guider," June, 1947:—"Have a set of cards bearing such ominous words as 'The Common Cold,' 'Body Odour,' and another set bearing hints for their prevention, such as 'Drink Plenty of Water,' 'Wash the Feet Daily,' etc (avoid having just one hint for each, as that leads to guessing); patrols sort out the preventions with their ills, and questions and discussion follow."

Another approach to a full discussion on health rules is to ask your would-be 1st class Guides to make a list of all the things which made a girl attractive, even if she is not particularly handsome. These are read out and discussed to see if all agree, and how they can be attained. This can cover all the personal aspects of health from an angle that appeals to fourteen-year-olds.

Discussions based on any teaching activity such as these should lead the Guide to recognise her own weaknesses, and she would make a real effort to put these right. She should make a self-challenge, if necessary with some suggestions from the Captain, and keep a record on the lines of the 1st class Health Record Card, which should be adapted to the needs of the candidate. At the test the Captain should be satisfied through conversations that the Guide has a real appreciation of the value of the Health Rules in her own life; this will include a discussion of the record the Guide has kept, and a check-up on anything the Guide has been trying to improve, such as chest expansion, posture, nails, hair, complexion. This should be followed by some tests of endurance, so that the Guide may prove that she is truly in 1st class condition. We must not forget that a Guide likes to feel that she has passed a stiff test. A 1st class Guide should be alert and vital and enjoy being alive.

—E.E.M.

GUIDE INTERNATIONAL SERVICE

MISS F. V. BARFUS.

While Miss Barfus, with the other five Victorians who went to the Volunteers' Test Camp, was still in South Australia, a cable was received from G.I.S.(B.) asking that she be sent to Britain as soon as possible to do a special G.I.S. job. Miss Mitchell, Chairman of G.I.S.(V.), not to mention Miss Barfus herself, had a very busy three weeks, but all was accomplished in time, and the latter sailed in R.M.S. Orion on 24th July, and should arrive in England about 22nd August.

On 21st July, from 4 to 6 p.m., there was a party at the Guide Office, arranged by Headquarters to give all Guide people the opportunity of seeing Miss Barfus before she sailed. The rooms became more and yet more crowded, as everyone who possibly could arrived to offer "Barf" their good wishes as she set off for what must surely be the culmination of all her Guide activities.

Many of the ex-Rangers from 1st Melbourne were there, and these, one felt, Miss Barfus was especially glad to see. Lady Chauvel, on behalf of all Miss Barfus' friends, presented her with a cheerful and warm rug. The guest of honour, in thanking everyone, said that, although perhaps she had some special qualifications which fitted her for the G.I.S. work, she felt she was fortunate to be able to go and to represent us all.

Guide folk from many country districts sent telegrams and messages, and altogether Miss Barfus must feel surrounded and supported by loving good wishes.

WHAT CAN YOUR COMPANY DO ABOUT THIS?

This comes from Miss Gwen Hesketh: "We are in charge of a large Transit Camp at Diepholz, and this is the reception centre for hundreds and thousands of displaced persons from Austria, the American and British zones of Germany—all awaiting emigration to Venezuela, Brazil, Canada, etc. Women with babies, expectant mothers, children big and small, youths and men. When the train pulls in they must all be fed—last week the dried milk for babies and mothers ran out, so that was that.

And so I am enclosing a list which I am wondering if some of my good friends in Australia could help with. Hundreds of children must be amused, many clothed and washed."

Miss Hesketh's address is:

136 Relief Section, Guides,
British Army of Rhine.

And here is the list mentioned above:—

Babies' bottles and teats,
Napkins or soft butter muslin,
Milk (powdered or any kind),
Cocoa, Ovaltine, Milo, Benger's Food, etc.,
Old rags, and new or secondhand clothing,
Soap,
String (coloured, fine) for belt making,
Boot and shoe making materials, leather,
nails, etc.,
Exercise books, pencils, crayons,
Painting books for kindergartens,
Coloured cutting-out paper,
Plasticine, balls,
Brushes of every kind, from nail to scrubbing.

OUR SHEEPSKINS.

Miss Hayman tells us: "Last night I was at Glasgow, and two returned lasses were telling me how the sheepskins (from Victoria) saved their lives last winter. I don't know if Victoria ever heard how they were made up into shoes, coats, muffs and whatnot. There are still some at 46 Belgrave Square waiting for next winter."

We had not heard this news before, and so are very glad to know that these skins were so useful. Thank you to all who contributed!

MISS HAYMAN WITH THE SCOUTS.

Miss Dell Hayman is still having a busy time in Britain, and here is some of the latest news from her: "I am having a very interesting but rather tiring time touring Scotland. Last week-end I was at Netherud for an International Training, and Mary Lambe was there, too. Scotland is heavenly; the South is having a heat wave, but here it is just pleasant. The Scots Guides don't understand my speech too well, but, if it comes to that, I often can't make out a word of what they are talking about. The Guides at Kirkcudbright said I spoke 'verra weel,' but am not sure if they got it all. . . . Am going up to London on Friday for a bit of rest, also the Folk Dance Festival, which will be most interesting to see. . . ."

Miss Hayman expects to sail in the Orion on her next outward trip, and will be home in October.

A LETTER FROM MISS BARFUS

"Orion," Indian Ocean,

1st August, 1947.

I really do think I was only semi-conscious until I reached Fremantle. Fortunately, the drugs within my battered body seemed to leave me there, and I'm feeling very good now, except for continual sleepiness and laziness.

I'm pretty certain that I didn't even mention (in my letter to "Matilda") the lovely presents from all those Guide folk who combined, either with their presence or their messages, to make my farewell party at H.Q. so delightful. I wonder do they all know what the gifts were? First, the lovely soft, light rug, with all the significant colours of Guiding woven into it; it'll often be very near me, especially in the winter! And then, with extra contributions, Miss Burns produced a lovely pair of fleece-lined leather gloves for special occasions, and finally a pair of silk stockings! And there was 6/2 left over even then! Which will disappear in air letters to some of the donors. I am indeed fortunate and happy in being a member of such a friendly sisterhood. "The mailbag" is giving me lovely surprises each day, too.

VICTORIAN GUIDERS' CONFERENCE, 1947

25th and 26th October

Place—Frankston. C.E.B.S. Camp, Frankston.

Approximate cost, 15/- per person.

Application and 5/- deposit should be sent in by 23rd September to the Acting Secretary,

Mrs. J. Speering,
288 Tooronga Road,
Glen Iris, S.E.6.

Nominations for the State Council (5), Guiders' Conference Committee (3), and Guide House Committee (1) must be signed by the nominee. They may be sent with applications and deposits or handed in at the Conference by 10 a.m. on Sunday, 25th October.

For tentative programme see August "Matilda."

For further details of Conference see October "Matilda."

Bring Conference news to the attention of all your Guider friends who do not subscribe to "Matilda."

GUIDE HOUSE NEWS

Proceeds from Gymkhana.

The Guide House Committee would like you to know what has been done with the two-third share of the money raised, viz., £921. Of this amount £600 has been invested in Government Bonds for the Endowment Fund; £200 to the Development Fund, and the balance of £121 is to be used for upkeep, such as rates, wages and general maintenance. Of the £600 invested, we only have the use of the interest at 3¼ per cent., which brings in only about £18 per annum. The £200 for Development Fund will some day soon (we hope) be augmented by approximately £800 from the B.P. Memorial Fund, which will be our share of the £2000 collected by Victoria during the war years and not yet sent to England. It is proposed to send £1000 sterling. From the foregoing explanation, you will see that the total amount received from the Gymkhana could not all be used for the Memorial Hut. In order to increase our annual revenue, we had to increase our Endowment Fund. Bear this in mind, and don't stop sending in donations.

Miss Cobham.

Miss Cobham, Trainer from England, will be at the Guide House from 12th to 28th January. We hope she will have some leisure to enjoy her stay.

Price of Crockery Replacements.

For some time we have been aware of the fact that the price list shown for breakages is totally inadequate. We must now DOUBLE the listed price of each article broken, and ask Guiders-in-Charge and Q.M.'s. to take particular notice of this increase.

Quilts Wanted.

We urgently need SIX more white marcella (or similar) quilts before the Chief Guide and Miss Cobham arrive! If these can be donated, we will then have them all dyed the same colour.

Library.

During a recent check of the books it was discovered that there are TWENTY books MISSING!! among them "The Story of the Girl Guides," "The Story of a Million Girls," "Folk Lore of the British Isles," and others which cannot now be replaced. Whatever can have happened to them? We do hope they will "turn up." Who can shed any light on the mystery?"

—O. G. M. Knight

for Guide House Committee.

HEADQUARTERS' NOTES

MISS LEILA TULLOH

It is with deep regret that we record the death of Miss Leila Tulloh on 17th July. For many years she was a Guider with the 2nd Melbourne Company, and her death is a great loss to the Guide Movement.

MINUTES OF MEETINGS OF THE EXECUTIVE COMMITTEE

HELD AT THE GUIDE OFFICE ON
3rd and 17th JULY, 1947.

Present: Lady Chauvel (chair), Miss Cameron (2), Mesdames Buckley (1), Eddy (2), Hall (2), Rylah (2), Searby (2), Misses Gross (2), Holtz (2), Howgate (2), MacLeod (2), Mitchell (2), Moran (1), Swinburne (2), and the Secretary.

Reported:

That a gift of £12/10/- had been made to the Girl Guides' Association, Victoria, by Mrs. A. Lovell-Mountain, at present in England.

That four Victorians had passed the G.I.S. Test in South Australia, and that Miss Barfus would leave for England on the "Orion" before the end of July.

That the Chief's Diploma had been awarded to Miss Bush for outstanding service as a Trainer. This was the first Chief's Diploma to be awarded in Australia.

That plans for the visit of the Chief Guide in November were well in hand, and conveners of sub-committees appointed.

That Miss Marjorie Owen had been appointed Guide Representative on the Anglican Youth Council.

Agreed:

That the following Commissioners be appointed:—

Croydon Division—Mrs. J. F. W. Ballantyne
Williamstown and Newport District—Mrs. P. A. Bird.

West Mornington Peninsula District—Mrs. George Smith.

That the following resignation be accepted with regret:—

Camperdown District—Mrs. Law Smith.

That Thanks Badges be presented to Mesdames White, Stapleton, Pedrina, of the Hamilton Local Association.

That Miss Margaret Watson be appointed acting editor of "Matilda."

That the National Fitness Council grant of £65 be allocated as follows:—One-half to the Square Centre, one-half to the salary of the Country Trainer.

That the Guide Association accept the offer of the Boy Scouts Association of the broadcast session "By the Camp Fire" at 3AW on Wednesday, 5.30-5.45 p.m., for six months.

That the Association adopt the Budget System for the coming financial year, as recommended by the Finance Sub-Committee.

Routine and financial business was transacted.

—M. McL. Burns, State Secretary.

WARRANTS AND REGISTRATIONS.

Captains:

1st Wodonga Company—Mrs. Eklund,
5th Ballarat Company—Miss Edna Perry.

Lieutenants:

1st Blackburn Company—Miss I. Sutton.
1st Kew Company—Miss Pauline Greene.
1st Aberfeldie Company — Miss Wilma Peach.

1a Gardenvale Company — Miss Elizabeth Horton.

14th Ballarat Company—Miss Betty Gilbert.

Brown Owls:

1st Boolarra Pack—Mrs. Florence Pederson.
1st Dandenong Pack—Miss Betty Crump.

Tawny Owls:

12th Ballarat Pack—Miss Gwen Buckland.
1st Dandenong Pack—Miss Nancy Young.

Registrations:

Lockington Local Association.
1a Hawthorn Ranger Company.
14th Ballarat Company.

CONGRATULATIONS.

First Class:

Miss Norma Young 6th Bendigo
Beverley Young 1st Bendigo
Beverley McGuinness 1st Bendigo
Pam Muldoon 4th South Yarra
Mary Bryce 4th South Yarra
Mary Duncan 2nd Caulfield

Little House Emblem:

Valerie Overall 10th Ballarat
Jean Craig 2nd Caulfield
B. Kingston 1a Sale
B. Hoppner 1a Sale

3AW BROADCASTS.

Don't forget to listen in to 3AW each Wednesday at 5.30 p.m. for the Guide Session, "By the Camp Fire." Company Activities, Interesting Talks, Notices, Guide News—you

can't afford to miss this interesting session.

Individual Companies will be asked to give broadcasts in turn. Adequate notice will be given to each Company, but think about it now and BE PREPARED.

EQUIPMENT DEPARTMENT

Hike Ground Sheets.—We have purchased a roll of waterproof material for hike ground sheets. As these will be essential for the Rally, order early to avoid disappointment. Price, 1/9 each, or 10/6 per yard (will cut into six ground sheets, 18 in. x 18 in.).

Camping and Hiking Bags (12 in. x 15 in., waterproof).—Price 1/11. They have shoulder strap, two outside pockets. May be used as a billy cover; outside pockets could contain tea and sugar. Could be used as camera case, etc. These bags should prove very useful for small articles when hiking or bicycling.

Knives, 6/6 (army), contain one blade, marlin spike, tin opener. The Guide Knife is unobtainable and orders for same cannot be taken.

Hiking Haversacks.

	s. d.
Army Khaki	4 0
Guide Blue, 2 straps	7 6

Ruc Sacs.

1 Outside Pocket	18 6
3 Outside Pockets and Frame (very special quality)	60 0
Sleeping Bags, wool filled	52 6
Hike Tents, light weight	52 6
Miniature Tenderfoots (these are to be worn in mufti only, not as a hat badge when in uniform)	1 0

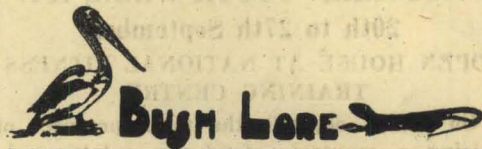
Post Cards.

H.R.H. Princess Elizabeth	0 9
Lady Baden-Powell	0 5
Very attractive photos of the Guide House and Camp Sites	0 6
Margaret Tarrant and Margaret Tennyson (suitable for birthday cards)	5d. and 0 6

Books.—We have a good range of Children's Books from 0 9

COUNTRY ORDERS.

It would be a great help if country Guiders would state clearly whether they desire goods charged to the Company, Pack or Local Association. Names are still necessary for material, and written orders for all equipment. Belts sold only to Secretaries or Captains; must not be owned by individual Rangers or Guides.



FAR FROM VICTORIA

At present I am holidaying in Queensland, and on picnic days am exploring the bush and searching for wildflower treasures. It's a wee bit early for the spring flowers, but many of the plants show promise of bright colour later, and there are a number of flowers in bloom now. One day we came home with a glorious armful of bright pink wild boronia, and lovely stalks of a deep mauve pea flower, the name of which I have not been able to discover.

I had tremendous good fortune to find one stalk of the famous Queensland Christmas Bells, which I am sure you have all seen pictures of—lovely bright red bell-like flowers with an orange border, so truly bell-like that one almost expects to hear them ring.

Orchids growing in trees are quite a common sight in the suburban gardens, as well as in the bush, where they are quite often seen low down on a trunk or on some high-up branch. These orchids are epiphytes, as they cling to the trees but do not penetrate to its living tissues. One wishes that the flowering season of these orchids would coincide with one's holiday, but perhaps, if I get deep enough into the bush I may find a few in bloom.

—M.D.

MINUTES OF MEETING OF VICTORIAN RANGER COMMITTEE

29th July, 1947.

Present: Miss Moran (in the chair), Valerie Dummett, Evelyn King, Joan Orr, Isabel Browne, Raie Curtis, Margaret Wallace, Wilma Cregan, Nanette Neville, Gwen Corrie, Valma Pitman, Norma Carroll, Marjorie Knight, Beryl Barnett and Mavis Hicks.

Routine business and financial matters were discussed.

From the incoming Committee office-bearers were elected. Secretary, Valma Pitman; Treasurer, Wilma Cregan; "Matilda," Gwen Corrie; First Aid Kit, Norma Carroll.

Conveners and dates for next year's fixtures were also discussed.

—M. Hicks.

VICTORIAN YOUTH WEEK, 1947
20th to 27th September
OPEN HOUSE AT NATIONAL FITNESS
TRAINING CENTRE

On Youth depends the main prospect of raising a country's standards: adults only maintain standards. The conditions of a nation's youth represents the improvement potential of society as a whole.

It is with this thought in mind that forty youth organisations will combine during Victorian Youth Week in demonstrations and displays of varied youth activities at "Open House," National Fitness Training Centre, 161 Flinders Lane.

Immediately following Education Week, emphasis will be placed on the following:—

Exhibits.—Pottery, weaving, book-binding, woodwork, carpentry, puppetry and other crafts.

Art Exhibition (25 and under).—Entries are invited in all branches of art—e.g., oil painting, water colours, etchings, drawings in any medium, sculpture and modelling.

Displays and Demonstrations.—Members of varied youth organisations will present special programmes of music and song through their orchestras and choirs. Other programme features will cover gymnastic displays, fencing, boxing and wrestling, and include topical talks on ski-ing, walking, cycling, canoeing.

Inter-Youth Organization Debating.—The Grand Final of the Inter-Youth Organization Debating Competition will be held at the Police Auditorium on Monday, 22nd September, and debating against Interstate teams at Kurrajong House Meeting Hall on Friday, 26th September.

"LES COURMETTES"

Mrs. Banham, the International Commissioner for England, writes of her visit to "Les Courmettes," the house belonging to the French Eclairuses:

"Les Courmettes is situated on a large plateau overlooking the Mediterranean; it is one and a half hours' walk from Tourettes, and the way lies up a winding, rocky mountain path . . .

"When at last we arrived I found myself in an old French farmhouse, with stone floors, coloured walls, very simply furnished, and I felt at once that atmosphere of friendship one meets in Guide homes throughout the world.

"The scenery is magnificent; words fail to describe the grandeur and splendour of this mountain home of our French Guide friends . . . on a very clear day one can see the island of Corsica. The field surrounding the house was thick with autumn crocuses, and I am told that it is covered with all sorts of different flowers during the year, beginning with narcissi and jonquils. In the middle of the field there floated proudly the French Tricolour and the World Flag, proof of the worldwide aspect of our sisterhood.

"I saw the Bergerie, the sheepfold built out of the strong local rock, and the Bois de Chenes, the oak wood where, before I entered, I was warned to speak and tread gently, as I might wake the spirit of the wood. Oh, the walks that abound in that lovely part of the world!

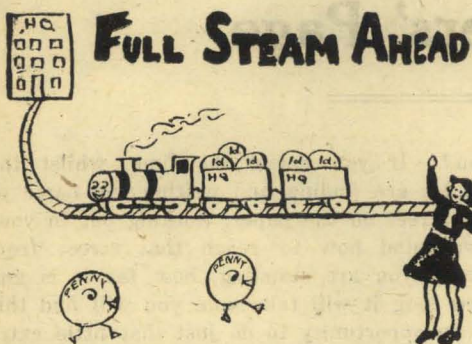
"As I sat one day, surrounded by all this beauty and warmed by the sun, I let my mind wander into the future, and I saw what might happen here. I saw groups of British Rangers mixing with French Rangers, Girl Scouts from U.S.A., together with those of the Scandinavian countries, and many others—the youth of the world joining in international camps and conferences in this lovely part of France . . .

"Of course, there is no road, but I feel that can wait. Eager, keen Guide folk ready for a little adventure need no made road; surely the thrill of the simple things of nature gives an added zest to the climb . . ."

—(From The Council Fire.)
 Precis by Amy Bush.

PARCEL OF PASTELS GIVES PLEASURE.

Here is some news from Miss L. Thomas, written in July: "I have also received a parcel from the G.I.S. Committee containing pastels, crayons, paints and embroidery cottons. The head of our school here was overjoyed to receive the pastels and crayons; her eyes nearly popped out of her head. At present the children are on holidays, but are at school two days a week for sport and gardening. They have a wonderful garden; each class has a plot of its own, and there is great rivalry to have the best garden. To-morrow afternoon we are taking the school teachers up to the mountains for the afternoon. We try to give these people an outing from time to time, otherwise they don't get out much."



HEADQUARTERS CONTRIBUTIONS (PENNY-A-WEEK SCHEME)

The majority of Companies and Packs will have made a start to implement the Penny-a-week—or, as it is now called, the "Headquarters Contributions"—Scheme.

The following information, therefore, is more particularly for Companies and Packs lately registered, and for those districts who for some reason or other did not receive the original Penny-a-week circular.

Beginning on 1st July of this year, Companies and Packs have been asked to make this larger contribution to Headquarters Funds for the benefit and expansion of Guiding in Victoria.

The amount of the new annual contribution is based on one penny per member per meeting, and this works out approximately at 3/- per head per year. Companies and Packs are free to decide whether this is paid literally by a penny from each member at each Company or Pack meeting or the equivalent sum is raised by Pack, Company or District efforts. Another detail, which is a matter for Courts of Honour to decide, is whether the contributions should be paid yearly, half-yearly or quarterly to Headquarters. We hope to tell you in further articles just why this money is needed, and any questions Guiders may like to ask regarding the "Headquarters Contributions" we shall be glad to answer in this column of "Matilda."

The scheme was agreed to by the majority of Districts after the matter was referred to them last year, and its whole success now depends on the co-operation of us all.

The following amounts have been received during July, 1947:—

From Packs—1st Brighton, 2/6; 1st Fairfield, 2/6. Total, 5/-.

From Companies—2nd Benalla, 5/-; 6th

Bendigo, £4; 1st Brighton Beach, 5/-; 1st Brighton, 5/-; 4th Brighton, 5/-; 4th Camberwell, £1/1/-; 2nd Elsternwick, 5/-; 1st Gardenvale, 5/-; 13B Geelong, 3/-; 6th Kew, 5/-; 1st Maffra, 10/-; 1st Post Rangers, 4/6; 7th Prahran, 5/-; 3rd Victorian Lones, 2/6; 1st Warrnambool, 5/-; 2nd Warrnambool, 5/-; 1st West Coburg, 5/- Total, £8/16/-.

DONATIONS AND EFFORTS.

From Local Associations—Benalla, 10/6; Burwood and Hartwell, £1/1/-; Hamilton, £1/1/-; Nyah West, 15/-; Red Hill, 10/6; Yallourn, £5/5/-. Total, £9/3/-.

Other Donations—Mrs. F. W. Clendinnen, Mrs. J. A. MacLeod, National Fitness Council, Mrs. R. A. Ramsay, Mrs. O. A. Wragge. Total, £106/14/-.

Correction—Donation £2 credited to Malvern Local Association in August "Matilda" should be credited to Mrs. R. C. Wallace.

PATROL LEADERS' PAGE

(Continued from page 16)

any of the details. Spend a Patrol time taking your Patrol through some of their First Aid—it certainly won't be time wasted for either the Guides or yourself, for, even if they have passed the test, when they go on to 1st Class they will be glad of the occasional revisionary games you have played.

Before I go, may I have just a word with you about uniforms? Each and every Guide will want to look her smartest and very best for the Chief, and now is the time to start preparing.

Have a good look at your Patrol. Do they need new shoulder knots? Will they require a new uniform? Are their title tapes all they should be?

H.Q. are going to be very busy with all the arrangements for the Chief, and it is not being very helpful to them if the Guides discover at the last minute that they want a new uniform, or hat, or anything else, so start preparing now!

The Chief has been so delighted with her visits to Guides in other countries, and now it is our turn. Let us show her that Australian Guides are just as smart, keen and enthusiastic as the many hundreds of Guides she has visited on the other side of the world.

—Gayardaree.

Patrol Leaders' Page

ARE YOU READY?

I am sure many of you have read in "The Guide" the Chief's accounts of her travels in other countries, and I know every Guide, Ranger and Brownie is feeling very excited and is looking forward with keen anticipation to her visit to our own country, and in particular to our own State.

Is your Patrol prepared for this visit? If not, now is the time to start. Do not leave everything until November, and then have a wild rush to complete tests before the Rally.

As P.L., you are going to have a very busy time, particularly if you are trying to complete your own 1st Class whilst helping the rest of the Patrol through their tests.

This month I am passing on to you one or two suggestions for combining 1st and 2nd Class training.

Are you working on the Local Knowledge section of 1st Class? If you are working on the half-mile radius around your Company meeting place, here is a game to combine that section with Morse or Semaphore, whichever you desire. Even if you have members of the Patrol who are not working on that particular district, it won't do any harm for them to learn a little of the area around their hall.

You will require a Morse flag or buzzer (or semaphore flags if you intend to use that method of signalling), a map of your district, and a pencil and paper for each team. Now divide your Patrol into two teams and number them. Place a pencil and paper in front of each, and half-way between the team and the paper place your map of the district. One map placed evenly between the two teams will be sufficient. Signal a letter and call a number. The Guide who is that number runs up and writes down the name of a street in your district, which begins with that letter. If she doesn't know of a street which begins with that letter she may look it up on the map on her way. Award your points as follows:—One for correct letter, one for correct street, and an extra point for first back in the team.

Now, have you thought how this can help

you? If you spend the time, whilst the Guides are finding and writing the name of the street on the paper, working out in your own mind how to reach that street from where you are standing, how far it is and how long it will take you, you will find this is an opportunity to do just that little extra practice for which there seems to be so little time.

Now let us combine Compass and Knots. (This is a game in which you yourself may join.) You will require two sets of cards—one set containing each of the 16 points of the compass and the other the names of all the knots. Now place 16 articles in a circle on the floor—one article for each point of the compass. If you put in North first, and then fill in the others, your compass should be correct. It is very important when playing these games that you do keep to the true directions. Every member of the Patrol should know just which point of the hall or grounds is to the North. You may use chairs if you wish, or, if you haven't enough space for chairs, smaller articles, such as a Guide knife, a dairy or a pouch, will do very well. Have the two sets of cards face downwards on a chair or the floor, and each Guide takes a card from each without looking at it. When you give the signal, each Guide looks at her cards, and then runs to her particular compass point and ties the knot named on the other card. She must reach the correct compass point before starting to tie the knot. When each Guide has tied her knot, replace the cards and mix them before each drawing two more. Award your point to the first one with the knot tied correctly. If you have recruits who have not yet learnt any 2nd Class knots, arrange beforehand which Tenderfoot knot they may tie in the event of their drawing a 2nd Class knot, but remember that, if she has been a Brownie, she already knows the Round Turn and Two Half-hitches.

Always remember that a 1st Class candidate must be a 2nd Class Guide. So, if you are setting out on the First Aid and Nursing sections, brush up on that 2nd Class First Aid, and make sure that you haven't forgotten

(Continued on page 15.)